



## Filipino American Psychology: A Collection of Personal Narratives (Paperback)

By Kevin L. Nadal Ph.D.

AUTHORHOUSE, United States, 2010. Paperback. Book Condition: New. 224 x 150 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Filipino Americans are projected to become the largest Asian American population by 2010. As the second largest immigrant group in the country, there are approximately 3 million documented and undocumented Filipino Americans in the US. Filipino Americans are unique in many ways. They are descendants of the Philippines, a country that was colonized by Spain for over three centuries and by the US for almost 50 years. They are the only ethnic group that has been categorized as Asian American, Pacific Islander, Hispanic, and even as their own separate ethnicity. Because of diverse phenotypes, they are often perceived as being Asian, Latino, multiracial, and others. And contrary to the Model Minority Myth, Filipino Americans have experienced several health, psychological, and educational disparities, including lower college graduation rates and higher levels of cardiovascular disease, diabetes, obesity, teen pregnancy, HIV/AIDS, substance abuse, depression, and suicide. Despite these disparaging statistics, Filipino Americans have made significant contributions to the US, ever since their first arrivals in October 1587- from their involvement in the United Farmworkers Movement to their roles in hip-hop culture and...



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