



Screen-Smart Parenting: How to Find Balance and Benefit in Your Child's Use of Social Media, Apps, and Digital Devices

By Jodi Gold

Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Screen-Smart Parenting: How to Find Balance and Benefit in Your Child's Use of Social Media, Apps, and Digital Devices, Jodi Gold, Even for today's most tech-savvy parents, managing kids' technology use is a huge challenge fraught with uncertainties. What kinds (and amounts) of screen time boost learning and development--and what kinds may be harmful? When is the right age for a game console or a smartphone? How can kids and teens be protected from cyberbullying and learn to be good digital citizens? What impact do parents' technology habits have? In her busy psychiatry practice--and while raising her own kids--Jodi Gold sees every day both the mind-boggling benefits and the serious downsides of technology. In a positive, accessible style, she gives parents a wealth of practical strategies for navigating the digital frontier and creating realistic, doable rules and expectations for the whole family.



READ ONLINE
[7.16 MB]

Reviews

Just no phrases to describe. It typically does not price an excessive amount of. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Felton Hessel**

Excellent e-book and useful one. It is written in straightforward phrases rather than confusing. I am just very happy to explain how here is the finest publication i have got read through in my very own lifestyle and might be the greatest book for possibly.

-- **Viva Schuster**

Relevant Books



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



The Country of the Pointed Firs and Other Stories (Hardscrabble Books-Fiction of New England)

New Hampshire. PAPERBACK. Book Condition: New. 0874518261 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE tracking!!!! * I am a...



Fifty Years Hence, or What May Be in 1943 (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Fifty Years Hence is a quasi-fictional work by Robert Grimshaw, a professional engineer, with the intent of making a...



Baby Songs and Lullabies for Beginning Guitar Book/online audio(String Letter Publishing) (Acoustic Guitar) (Private Lessons)

String Letter Publishing, 2010. Paperback. Book Condition: New.



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video Games. iPods. Kids today are plugged into...