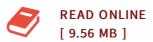




## S.A.Q. Soccer Style: Possession Under Pressure (Paperback)

By Billy Elias

Createspace, United States, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Is your team constantly being knocked off the ball? Do other players seem to have more command in close quarters and hip-to-hip play? Having a problem maintaining possession under pressure? How about winning the 50/50 ball? Here s your solution. S.A.Q. Soccer Style Possession Under Pressure is the cure to what ails you. In this fully illustrated and easy to read manual, Billy Elias outlines S.A.Q. exercises and drills with and without the ball, to help better balance, leverage, body mechanics, and the all-important Center of Gravity. Learn from one of only S.A.Q. Soccer Specific Trainers in the country, on how to teach your team to maintain possession under pressure, and win that 50/50 ball!.



## Reviews

This written ebook is great. I was able to comprehended every little thing using this written e publication. I am very happy to tell you that this is the finest ebook i have go through during my individual existence and could be he greatest ebook for possibly.

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This publication might be well worth a read through, and much better than other. It is amongst the most incredible book i actually have read through. I am delighted to tell you that here is the finest book i actually have read through inside my own life and could be he best ebook for possibly.

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