



You Made Your Bed, Now Wake Up in It

By Keith Ballard

Xulon Press. Paperback. Book Condition: New. Paperback. 372 pages. Dimensions: 8.2in. x 5.0in. x 1.1in. Life has a way of taking the wind out of our sails if we allow it. Everyday stress takes away that desire to accomplish great things. Your day involves the people who annoy you at work, and the pressures of being a responsible adult. This stress has many sleepwalking through life. Keith Ballard is a Christian author, inspirational teacher, entrepreneur, and professor of business administration and psychology. Life threw challenges at him that could not be solved by his collegiate and professional success. Like many people out there, Keith searched for spiritual and practical answers to the following questions: How do we obtain enjoyment out of life and work How do we live out those big dreams and goals that keep tugging at us How does one find a sense of mental, physical, and emotional freedom How do we become more secure and confident in ourselves You Made Your Bed, Now WAKE UP In It is a book that answers these questions and many more. This book is for anyone in search of answers. Those with no spiritual belief system and those with a spiritual belief...



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