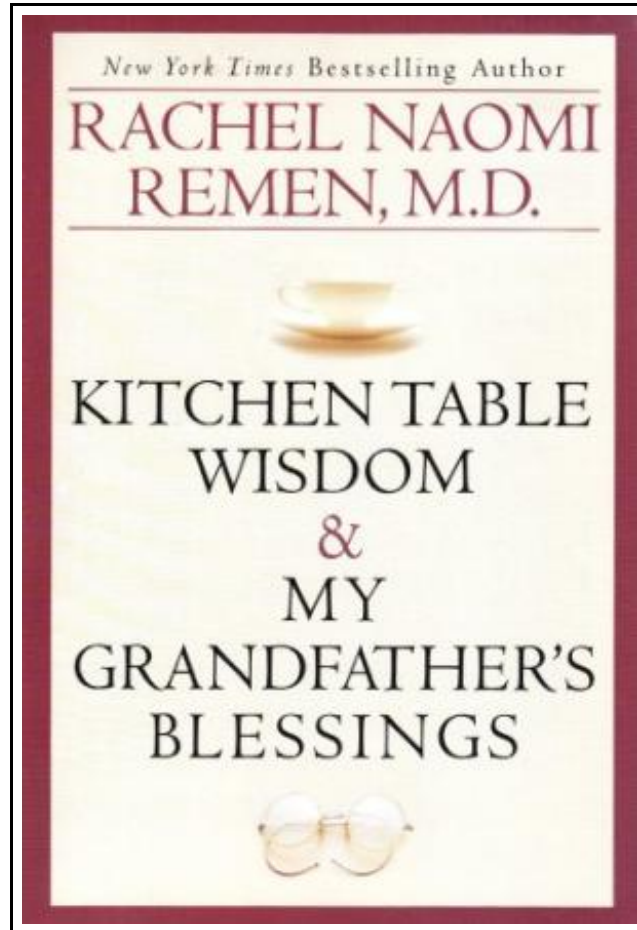


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Penguin Putnam Inc, United States, 2013. Paperback. Book Condition: New. 216 x 145 mm. Language: English . Brand New Book. This box set includes Dr. Rachel Naomi Remens national bestseller *My Grandfathers Blessings: Stories of Strength, Refuge, and Belonging*, and the 10th anniversary edition of the New York Times bestseller *Kitchen Table Wisdom: Stories that Heal*, which includes new material from the author. In *My Grandfathers Blessings*, which Dr. Dean Ornish calls "one of the most extraordinarily moving books I have ever read," cancer physician and master storyteller Dr. Rachel Naomi Remen uses her luminous stories to remind us of the power of our kindness and the joy of being alive. Through the teachings of her grandfather, an Orthodox rabbi and scholar of the Kabbalah, Dr. Remen explains how we can discover our wholeness through service to others and the way to restore hidden wholeness in the world. *Kitchen Table Wisdom* is a remarkable collection of true stories that draws on the human tradition of shared experiences showing us life in all its power and mystery and reminding us that the things we cannot measure may be the things that ultimately sustain and enrich our lives. With new material, this special 10th anniversary edition addresses the same spiritual issues that made the original a bestseller: suffering, meaning, love, faith, and miracles. "Rachel Naomi Remen is nature's gift to us, a genius of that elusive and crucial capacity, the human heart. She has much to teach us about healing, living, and loving." Daniel Goleman, Ph.D., author of *Emotional Intelligence*.



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